



YOUR SURGERY DAY

Parents: Call 215-809-2600 for any questions

YOUR SURGERY

- Your doctor said you need surgery.
- We are so excited that you are coming to The Ambulatory Surgery Center at St. Mary.
- We have lots of nice people that work here and they are so happy you are coming to visit.



THE DAY BEFORE

- The day before your surgery pick out your favorite pajamas to wear for your surgery.
- Make sure you also bring your favorite blanket, stuffed animal, toy, or book, if you want to.



THE NIGHT BEFORE

- Make sure you don't have anything to eat or drink after you go to bed or when you wake up in the morning.
- The doctor needs your tummy to be very empty.

NO FOOD OR DRINK ALLOWED



THE WAITING ROOM

- The first room that you will be in is our waiting room. In this room, your parents will sign some papers for us.
- When you hear your name called, that means that it is your turn to go to the next room—Pre-Op. Your parents will get to go with you to Pre-Op.



PRE-OP ROOM

- The second room is called Pre-Op. This is the area where the nurses get you ready to go to the Operating Room.
- You may see other patients in this area getting ready for their surgeries too!



PRE-OP

- In Pre-Op, you may have to change into a gown. You will get to sit in a big comfy chair & you will get a warm blanket.
- You will have to put on a funny looking hat.
- The nurse will check your blood pressure, take your temperature, and ask you some questions.
- None of these tests will hurt.



PRE-OP VISITORS

- While you are waiting in Pre-Op, you will have some visitors.
- They will all be wearing a funny hat just like you!
- Your doctor will come and say hello to you and your parents. If you have any questions, make sure you ask!
- You will also meet the nurse that will be with you during your surgery.



PRE-OP VISITORS

- Another one of your visitors will be the anesthesiologist.
- This person is in charge of giving you a special medicine that you will breathe thru your mask.
- This special medicine will make you sleepy so you won't feel anything during your surgery and you won't wake up until your surgery is over.

say: an-es-thee-zee-ah-luh-jist



THE OPERATING ROOM

- In the OR, there are a lot of machines and lights. None of this will hurt you. It is all to help the doctor and the nurses with your surgery.
- This is the room where the anesthesiologist will give you the mask that you saw in Pre-Op. After a few deep breaths, you will feel really sleepy.



THE RECOVERY ROOM

- When you wake up, you will be in the Recovery Room. A nurse will be there to take care of you.
- Once you are awake, the nurse will go get your parents for you.
- You will have a small tube taped to your hand. This is called an IV and it is helping to give your body water and medicine.
- If you are hurting, make sure you tell the nurse. She will be able to get you some medicine to help you feel better.



FEELING BETTER

- When you are feeling a little better, you will get to have a drink and an ice pop.
- Make sure you know what color you want! We have pink, blue, orange, and green.
- The nurse will give your parents some discharge instructions, and then you will be almost ready to go home!

